

POSITIVE BEHAVIOR CHANGE FOR CHILDREN WITH AUTISM SPECTRUM DISORDER

PARENT AND HELPER TRAINING WORKSHOP

「自閉症兒童的正面行為改善」家長及照顧者工作坊

The Positive Behavior Change parenting workshop is based on the “The Power of Positive Parenting,” by Dr. Glenn Latham to assist parents and children to create a positive environment. The training has been adapted to address the needs of children and adolescents with autism spectrum disorder.

正面行為改善家長工作坊是以格林*萊瑟姆博士的註作 -- 「正面管教的影响力」為依據，旨在幫助自閉症患者及其家長建立正向培育環境的技巧。

Who can benefit from this course?

- Caregivers of children with autism spectrum disorder from the ages of 2- 12.
- Caregivers who have children with difficult behaviors and would like to help their children learn appropriate behaviors.
- Professionals who want to improve their ability in assisting parents to be more effective.
- Professionals who work with children/adolescents with autism or challenging behavior.

誰將從這培訓課程受益呢？

- 2-12 歲自閉症兒童的家庭照顧者
- 有意幫助孩子學習適當行為的家庭照顧者
- 為自閉症或有問題行為的兒童之家長提供訓練的專業人士
- 服務自閉症或有問題行為的兒童/青少年的專業人士

Outline for the Positive Behavior Change training:

正面行為改善培訓課程的綱要：

A. Be Close- Creating a positive environment

- Discuss benefits for caregivers and children of Be Close
- Demonstration of Be Close steps
- Practice Be Close tool

A. 親密聯繫—創造正向的培育環境

- 討論親密聯繫對家庭照顧者與孩子的益處
- 示範建立親密聯繫的步驟
- 實踐建立親密聯繫的步驟



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B. Give Reinforcement for Preferred Behaviors- Increasing appropriate behavior

- Describe behavior, consequences, reinforcement
- Role and effects of consequences
- Demonstration and Hands-on practice of the Give Reinforcement steps

B · 鞏固及增強正確行為

- 描述行為、後果、增強概念
- 後果所擔當的角色及對行為的影響
- 鞏固及增強行為的示範與實踐

C. Combining all tools- Putting it all together

- Hands-on practice and feedback

C. 技巧融合

- 實踐和回饋

How is this course different from other parenting or behavior modification classes?

- This course is based on behavioral principles and it is taught by behavior analysts.
- This course offers competency-based training. Participants will have lots of opportunities to practice and demonstrate all the tools taught.
- Small class size to ensure adequate participation and practice. The size is limited to 20 people per class.
- Immediate individualize feedback will be provided.

此次課程如何有別於其他家長或行為改善課程呢？

- 此次課程以行為原則為依據，並由行為分析師講解。
- 此次課程提供技能為本訓練。參加者將有很多機會實踐所有教授的技巧。
- 為確保參加者有足夠參與和實踐機會，每班人數上限為 20 人。
- 行為分析師會為參加者提供即時、個人化的回饋。



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Details詳情

廣東話工作坊	English Workshop
日期：二零一一年六月二十五日（星期六） 時間：上午九時至十二時正 地點：香港明愛九龍社區中心 (九龍界限街 134 號 A 座四樓 401 室)	Date: Saturday, June 25th 2011 Time: 9:00am - 12:00pm Venue: Room 402, 4/F, Block A, Caritas Community Centre Kowloon 134 Boundary Street, Kowloon
費用：一百八十元正	Fee: \$180
廣東話講師： 黃少雯（註冊行為分析師）、 鄭藹賢（註冊行為分析師）	English Presenters: Nhu DeBastiani, BCBA and Stephanie Chung, BCBA



Hong Kong Association for Behavior Analysis

